

# Job Description

## Senior Physiotherapist



JOB DESCRIPTION	
<b>Job Title:</b>	Senior Physiotherapist
<b>Location:</b>	Ospreys High Performance Centre, Llandarcy Academy of Sport, Neath
<b>Hours of work:</b>	37.5 hours per week. (The nature of the role will require working extended hours, evening, and weekends)
<b>Responsible to:</b>	Medical Performance Manager
<b>Contractual Status:</b>	2 Year Fixed Term Contract
<b>Role Summary</b>	Responsible for the daily assessment, treatment, and rehabilitation of senior, and senior academy contracted players. This will involve working closely with the wider rugby management team (coaching/S&C/ Sport Science/Sport Psych/Nutrition) and the Medical Performance Manager to maximise the performance of players returning from injury, as well as continuing to look at evidence based and innovative ways to, measure and improve practice in the pursuit of excellence.
<b>Key Responsibilities, Tasks and Activities:</b>	<ul style="list-style-type: none"> <li>• To contribute to the injury management, injury prevention, physical rehabilitation, education, and medical services delivered to Ospreys Senior and Senior Academy Players</li> <li>• Develop, deliver, progress, and evaluate, individualised rehabilitation strategies for the Senior Forwards Player Group, designed to mitigate injury risk, based on PMH, positional risk and pre-season base line testing.</li> <li>• Assume the role of medical department lead for the Senior Forwards Player Group working with S&amp;C to programme gym based individual modifications to best facilitate performance gains and minimise training error.</li> <li>• Assume an active role in load monitoring/management of the Senior Forwards Player group, working closely with S&amp;C &amp; Senior Coaching Staff to plan day to day training management for the Senior Forwards Player Group (Specifically short term injured, &amp; transitioning RTPW forwards).</li> <li>• Maintain accurate and detailed records of all aspects of physiotherapy treatment, injury management and rehab content in keeping with Chartered Society of Physiotherapy (CSP) guidelines.</li> </ul>

<b>PERSON SPECIFICATION</b>	
<b>Experience:</b>	<ul style="list-style-type: none"> <li>• Background working in professional sport/rugby</li> <li>• Experience of the practical delivery of performance rehab to professional athletes.</li> </ul>
<b>Qualifications:</b>	<ul style="list-style-type: none"> <li>• BSc (Hons) Physiotherapy</li> <li>• Membership of Chartered Society of Physiotherapy (MCSP)</li> <li>• Registration with the Health and Care Professions Council (HCPC)</li> <li>• Level 3 Immediate Care in Sport (ICIS) or equivalent qualification</li> </ul>
<b>Desirable Qualifications:</b>	<ul style="list-style-type: none"> <li>• Post Graduate qualification in Sport &amp; Exercise Medicine, Sports Physiotherapy or Sports Rehabilitation.</li> </ul>